



## Hotlines and advisory services offered by the authorities

**Several organisations and authorities have set up hotlines in order to assist you and your workplace. Here, you can get an overview of the various hotlines.**

### **Get advice from the right authorities**

There are many questions that pop up in connection with the pandemic. Therefore, several organisations and authorities have set up hotlines, and you can see here which ones you can get advice from in various situations.

### **The authorities' common hotline (+45) 70 20 02 33**

If you cannot find answers to your questions on the corona virus/COVID-19 at coronasmitte.dk or sst.dk, you can call the authorities' common hotline. Remember, when it comes to questions about symptoms and illness, you need to call your own doctor. Read more at: <https://coronasmitte.dk/en>

### **Hotline for companies (+45) 72 20 00 34**

The Danish Business Authority has set up a hotline for companies that have questions about the corona virus/COVID-19. Read more in the Danish Business Authority's guidelines for companies (in Danish): [https://virksomhedsguiden.dk/erhvervsfremme/content/temaer/coronavirus\\_og\\_din\\_virksomhed/](https://virksomhedsguiden.dk/erhvervsfremme/content/temaer/coronavirus_og_din_virksomhed/)

### **Hotline for travellers (+45) 33 92 11 12**

The Danish Ministry of Foreign Affairs can, among other things, guide you and your company if you are travelling or have just returned from a trip abroad. If you have questions about entering Denmark, you can call (+45) 70 20 60 44. Read more at: <https://um.dk/en/travel-and-residence/coronavirus-covid-19/>

### **The Danish Mental Health Fund (+45) 39 25 25 25**

The Danish Mental Health Fund (Psykiatrifonden) advises people who are finding that the COVID-19 pandemic is impacting their mental health. Inquiries about the corona virus are from people who are generally worried and have anxiety about the risk of infection and spreading the infection and also from people who find that isolation and a limited social life are affecting their mental health. In addition, people also call the hotline if they are already diagnosed with a mental illness or if they are feeling vulnerable and find that the home visits etc. are now different or have stopped entirely and that, in some cases, this has resulted in a worsening of their symptoms. Read more here (in Danish): <https://www.psykiatrifonden.dk/faa-hjaelp.aspx>

**For children, young people and parents (+45) 69 16 16 67**

The organisation Børn, Unge & Sorg (Children, Young People and Grief) has set up a corona hotline for children, young people and parents who need to talk to a psychologist. The hotline is open every day from 9:00 - 16:00 and staffed by psychologists.

Read more here (in Danish): <https://sorgcenter.dk/faa-hjaelp-paa-vores-coronahotline/>

English website here: <https://sorgcenter.dk/en/>

**The Children's Hotline (+45) 116 111**

Children and young people can contact the Children's Hotline (Børnetelefonen) for free and anonymously if they are worried or need to talk to an adult.

Read more on their homepage (in Danish): <https://bornetelefonen.dk/>